



*Click hyperlinks to navigate this week's content:*

- [General Announcements](#)
- [Upcoming Events](#)
- [Thesis Defenses](#)
- [Program Announcements](#)
- [Career Development](#)
- [Student Resources](#)

## GENERAL ANNOUNCEMENTS

### Technology Grants

BGSA and other student groups have agreed to deploy their unused funds to support technology expenses incurred by full-time graduate students as a direct result of disruptions to the Spring 2020 semester. **The deadline to apply is today, Monday, April 20 at 5PM ET.** Learn more about eligibility and apply here: <https://gsc.upenn.edu/spring-2020/technology-grants>

### Special PSIP Enrollment Period

In response to COVID-19 pandemic, the Penn Student Insurance Plan (PSIP) will be offering a special enrollment period for uninsured Penn students and their dependents. **The special enrollment period will run from 4/13/2020– 4/30/2020.** Applications will not be accepted outside of this time frame.

Coverage will be offered for the time period of 4/1/2020 – 7/31/2020. The rate for the 4/1/2020 – 7/31/2020 will be \$1,195 for a student, spouse or child; \$2,390 for two or more children.

For additional questions and to enroll please contact Deborah Olson at [OlsonD3@aetna.com](mailto:OlsonD3@aetna.com).

### **Other Important changes to PSIP in response to the COVID-19 outbreak**

- The Student Health Service Referral requirement is lifted for remainder of plan year.
- [Telehealth services are available to all PSIP enrollees.](#)
- [Aetna will waive co-pays for all diagnostic testing related to COVID-19.](#)

Please contact the Insurance Office at 215 746 3535 or [vpul-shsinsur@pobox.upenn.edu](mailto:vpul-shsinsur@pobox.upenn.edu) with any questions.

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### **Call for Volunteers: One Extra Bag**

We are writing to tell you about a new coronavirus relief initiative, One Extra Bag, and ask you for your help!

**Short version:** Help isolated patients living in West Philadelphia get groceries through the One Extra Bag: House Calls program. Sign up here: <https://forms.gle/4W8fALxkdcRHgiu7>

#### **Who we are**

As you probably now, many Philadelphians are facing food insecurity during the Coronavirus pandemic due to both new financial constraints and difficulty leaving their home safely to get groceries. With the help of Penn med faculty, a group of medical students founded a grocery delivery service called One Extra Bag: House Calls to address this problem. One Extra Bag offers free grocery delivery to homebound patients and covers the cost of groceries for any included patients that are unable to pay for food right now.

#### **Why we need your help**

Now that our program is expanding, we are reaching out to BGS students because we need more student volunteers to help meet our growing patient need. Volunteering with us would consist of being paired with one of our patients, reaching out to your paired patient over the phone once a week, and doing your patients grocery shopping in addition to your own when you go to the store every week (you would be reimbursed either by the patient or by One Extra Bag). FYI this volunteer opportunity is best-suited for students that have a car.

#### **What we are doing to keep you safe while volunteering**

Our protocol has been approved by the School of Medicine and is compliant with all social distancing guidelines. Our key safety features include:

- Having volunteers add on their paired patients' grocery shopping to their regularly scheduled weekly trip (i.e. no extra trips to the store that might risk exposure)
- Asking students to use only their personal vehicle for transportation
- Having all grocery hand offs happen with at least six feet of distance maintained between each patient and volunteer

#### **How you can help!**

Please fill out this form if you would like to participate as one of our student volunteers: <https://forms.gle/4W8fALxkdcRHgiu7>

If you are interested in supporting this initiative but are unable to volunteer at this time, please feel free to share our GoFundMe (<http://gf.me/u/xt38yh>).

Best,

One Extra Bag Leadership Team

(contact Eden Engel-Rebitzer at [eden.engel-rebitzer@penncmedicine.upenn.edu](mailto:eden.engel-rebitzer@penncmedicine.upenn.edu) with any questions!)

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### Complimentary 1-year Membership to the New York Academy of Sciences

To support your professional and career development, Perelman School of Medicine will sponsor interested graduate students, postdocs and faculty for complimentary 1-year Membership to the [New York Academy of Sciences](#). For over 200 years, the Academy has helped scientists, engineers, and innovators pursue successful careers.

SIGN UP AT [NYAS.ORG/PERELMAN](https://nyas.org/perelman)

As an Academy Member, you'll benefit from free or discounted access to:

**Career Readiness Training:** online courses, webinars and other [career resources](#) to help you acquire the skills you'll need to succeed in a STEM-related field

**Cutting Edge Content:** digital access to our [publications](#) and [eBriefings](#).

**Networking & Resume Building:** opportunities to [present your research](#), apply intensive leadership training, [become a mentor](#), and connect with other Members from our global Membership network, using an [online Directory](#).

**Upcoming Webinars & Programs:** in an effort to support global initiatives to contain the spread of COVID-19, the Academy is presenting Spring 2020 events through online platforms and some of our previously scheduled events are being postponed to a later date. Please check [our events listing](#) for the latest information. For our programs and resources on COVID-19, click [here](#).

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### Penn Libraries E-Resources News: Nano

Stay up-to-date with the growing body of nanotechnology literature with [Nano](#), Penn Libraries' newly acquired resource. *Nano* allows users to search for detailed information on patents, spec sheets about different nanomaterials and their properties, applications, toxicity, and preparation methods of thousands of nanomaterials and devices. Please reach out to <https://faq.library.upenn.edu/ask> with any questions!

## UPCOMING EVENTS

**36th Annual MINS UnRetreat Symposium Year of Brain Science Technology**

Join the Mahoney Institute for Neurosciences online on **April 28th beginning at 9AM** for the all-day MINS Year of Brain Science Technology UnRetreat! Guest speakers include, Polina Anikeeva from MIT, Tony Zador from Cold Spring Harbor, and Michael Yartsev from UC Berkeley.

There will be mini symposia on recording/imaging and behavior with Penn faculty speakers, and parallel sessions with short talks. Please submit an abstract for short talk sessions - submissions are open immediately as part of event signup. The UnRetreat will also feature a "Brain Buddies" matchmaking program that will match registrants with others who have shared interests for future interaction.

Please sign up here (this is also where the meeting will happen and where all talks will be available afterwards): <https://crowdcast.io/e/Yobst>

## THESIS DEFENSES

April 23, 12:30 PM (Meeting URL: <https://bluejeans.com/804350053>): **Jonathan Lang (CAMB)**, "Developing Adeno-Associated Viral Vectors as a Gene Editing Platform." Contact [Anna Kline](#).

April 23, 1:30 PM (Meeting URL: <https://bluejeans.com/396283435>): **Son Nguyen (CAMB)**, "Defining the nature of CD8+ T cell response in lymphoid tissues of HIV-infected individuals: An implication for HIV cure." Contact [Anna Kline](#).

April 24, 2 PM (Meeting URL: <https://bluejeans.com/848015151>): **Emmanuelle Genoyer (CAMB)**, "Intracellular Localizations of Full-Length and Defective Viral Genomes: Impacts on and Insights into Paramyxovirus Particle Production." Contact [Anna Kline](#).

## PROGRAM ANNOUNCEMENTS

### **CAMB**

April 21, 12 PM: **GTV Program Meeting**. Contact [Anna Kline](#) for the BlueJeans link.

April 21, 4 – 6 PM: **G&E Pratic Prelim Talks**. Contact [Meagan Schofer](#) for the BlueJeans link.

April 22, 4 -6 PM: **G&E Pratic Prelim Talks**. Contact [Meagan Schofer](#) for the BlueJeans link.

April 24, 12:15 – 1:30 PM (BlueJeans URL: <https://bluejeans.com/403860679>): **CPM Research in Progress: Olivia Farrelly (Rompolas lab), Brittany Mactaggart (Kashina lab), and Quentin McAfee (Arany/Prosser labs) presenting**. Contact [Kathy O'Connor-Coolley](#).

### **NGG**

## ANNOUNCEMENT

- **New!** Check out this week's PennNeuroKnow article [A world without smell](#) by Sarah Reitz. What causes someone to lose their sense of smell?

## EVENTS THIS WEEK

Daily 'Meet an NGG alum' sessions this week

**Mon, 04/20 12:00-12:30 pm** - Vanessa Troiani

**Tue, 04/21 12:00-12:30 pm** - Sarah Ly

**Wed, 04/22 12:00-12:30 pm** - Rishi Kalwani

**Thur, 04/23 12:00-12:30 pm** - David Reiner

**Fri, 04/24 12:00-12:30 pm** - Tanya Weerakkody

# CAREER DEVELOPMENT

## Penn Libraries – Citation Management Workshops

By popular demand, Penn Libraries are hosting another round of Citation Management Workshops! See details and registration links below:

- **Using Zotero for Citation Management**, Monday, April 20, 1 – 2 PM  
Introductory workshop for anyone: Zotero is a free, open-source, flexible research management tool with a diverse support community.  
[Register here.](#)
- **Using Mendeley for Citation Management**, Tuesday, April 21, 1 – 2 PM  
Introductory workshop for anyone: Mendeley is a “freemium” research management tool with robust PDF integration.  
[Register here.](#)
- **Advanced Tools & Techniques for Citation Management**, Wednesday, April 22, 1 – 2 PM  
For people working on thesis, dissertations, and other major research projects. This workshop will explore best practices, great tools, and advanced techniques to collect, organize, and cite your sources.  
[Register here.](#)

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## OITE Activities for Biomedical Trainees

### [Developing Feedback Resilience](#)

Apr 20, 2020 2:00 pm - 3:30 pm

Online: <https://attendee.gotowebinar.com/register/5063381194366246157>

Being resilient around feedback is a critical skill to learn. Learn how your responses to feedback influence your ability to succeed in your career.

### [Industry Careers Overview and Job Packages](#)

Apr 21, 2020 12:00 pm - 1:30 pm

online, <https://attendee.gotowebinar.com/register/967223193073492749>

A key difference between industry and academia is that in industry you are expected to produce something of value to your company and the shareholders - this is the business side of science. A PhD scientist can assume numerous roles in an industry setting. This session will highlight these career opportunities and provide insight into how to position yourself (including building your resume and cover letters) to be competitive for these jobs.

### [Picking the Perfect Postdoc](#)

Apr 22, 2020 2:00 pm - 3:00 pm

ONLINE-<https://attendee.gotowebinar.com/register/7418455936444557581>

This session is for graduate students pondering postdocs (or postdocs considering an additional postdoc). We will talk about finding research groups, applying, and being successful as a postdoc.

### [Academic Job Search: Applying](#)

Apr 23, 2020 3:00 pm - 5:00 pm

online- <https://attendee.gotowebinar.com/register/3209253845945991693>

This session will address preparing early to be ready for faculty positions during the upcoming fall application cycle. We will also discuss the impact of the current emergency on the faculty hiring cycle. Topics covered in this session include: finding job opportunities, assessing your goals, and preparing your application packet.

### [Traditional Journal Publishing](#)

Apr 24, 2020 2:00 pm - 3:00 pm

<https://attendee.gotowebinar.com/register/3529116072117091597>

Traditional journal publishing: Instead of trying the spaghetti-sticking approach or impact factors, let's talk about the best ways to identify a journal for your manuscript, and then how to navigate the submission process. We will look at several levels of journals and discuss pros/cons of each, along with the hidden importance of cover letters and how to appeal decisions you don't agree with.

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## **CVI Core Workshop Series**

In lieu of the CVI Seminar Series this Spring, the Penn Cardiovascular Institute will host a Core Workshop Series. This will be a 3 part series in which the Metabolomics Core, iPSC Core, and Mouse Cardiac Phenotyping Core will each present to you their core offerings and examples of how they can provide service to you. The schedule and BlueJeans information is below. **All seminars will be during the lunch hour, beginning at noon.** Upcoming seminars include:

### **Thursday, April 23, Metabolomics Core: Chris Petucci**

Meeting URL

<https://bluejeans.com/492476728>

Meeting ID  
492476728

**Tuesday, April 28, iPSC Core: Wenli Yang**

Meeting URL

<https://bluejeans.com/222470128>

Meeting ID

222470128

**Tuesday, May 5, Mouse Cardiac Phenotyping Core: Swapnil Shewale and Kendra McDaid**

Meeting URL

<https://bluejeans.com/400407949>

Meeting ID

400407949

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**The Data Incubator's Summer 2020 Fellowship (Virtual)**

The Data Science Fellowship Program has announced that they are moving their Spring 2020 Cohort to an online format. The deadline to apply is **May 2, 2020**.

**Program:** The Data Incubator is an intensive 8 week fellowship that prepares masters students, PhDs, and postdocs in STEM and social science fields seeking industry careers as data scientists. The program is free for Fellows and supported by sponsorships from hundreds of employers across multiple industries. In response to the overwhelming interest in our earlier sessions, we will be holding another fellowship.

**Who Should Apply:** Anyone who has already obtained a masters or PhD degree or who is within one year of graduating with a masters or PhD is welcome to apply. Applications from international students are welcome.

**Application Link:** <https://www.thedataincubator.com/fellowship/apply.html>

Session Dates: 2020-06-29 – 2020-08-21

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**Daily Phone “Drop-Ins” with Penn Career Services**

In place of walk-ins, Career Services is offering a variety of phone and web appointments, which students can schedule through [Handshake](#). These include the option for same-day, 15-minute appointments with a career adviser. New appointment times open up every day at 9:15 AM ET. To schedule an appointment, sign in to Handshake and click the “Career Center” tab near the top right corner.

Twitter users can also follow [@PennCareerJobs](#), a daily automated feed that highlights new job posts. And be sure you’ve customized your email settings in Handshake to receive a weekly

newsletter featuring jobs and resources tailored to you! Detailed instructions on how to do so are available [here](#).

## **RESOURCES**

[BGS Career Development Site](#)

[BGS Career Twitter](#)

[BGS Alumni & Current Students LinkedIn](#)

[Black Women in Computational Biology Network](#)

[Penn Career Services - Ph.D./Postdoc Careers Page](#)

[Handshake](#)

[Request a sponsored Membership to the New York Academy of Sciences](#)

# **STUDENT RESOURCES**

[Slack for BGS Students](#)

[BGSA Website](#)

[Grad Center at Penn](#)

[Family Center at Penn](#)

[Ask Isaac: Your Personal IS Guru](#)

[Request a sponsored Membership to the New York Academy of Sciences](#)

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**For information about upcoming events or to advertise in next week's bulletin, contact [Rebecca Lopez](#).**