



Click hyperlinks to navigate this week's content:

- [General Announcements](#)
 - [Upcoming Events](#)
 - [Thesis Defenses](#)
 - [Program Announcements](#)
 - [Career Development](#)
 - [Student Groups & Social Announcements](#)
-

GENERAL ANNOUNCEMENTS

Counseling and Psychological Services (CAPS) Announcements

- Our **Let's Talk** Program is expanding! Learn more at <https://caps.wellness.upenn.edu/letstalk/> and see flyer [attached](#).
- **Groups/workshops** are now open for registration. Topics include mindfulness, body image, procrastination, grief and loss, gender exploration, and support for women in graduate school, sexual assault survivors, and international students. Register at <https://caps.wellness.upenn.edu/groups/>.
- To hear CAPS staff discuss FAQs about mental health and CAPS services, check out **#FAQFridays** at <https://www.facebook.com/pennCAPS/>.
- For reminders on how to **access services**, see the image [attached](#).

Penn TA Prize – Nominations Open

Nominations for the Penn Prize for Excellence in Teaching by Graduate Students are now open, with a deadline of **February 7, 2020**. More information about the prize and a link to the nomination form are found here: <https://provost.upenn.edu/teaching-at-penn/penn-ta-prize>. Reach out to Ian Petrie (petrie@upenn.edu) in the Center for Teaching and Learning with any questions.

JBS 2020 Student Leadership Awards – Nominations Open

The JBS Graduate Student Leadership Award recognizes a University of Pennsylvania graduate student who has had an impact on the diverse community at Penn. Learn more about the criteria [here](#).

Faculty/staff can submit a nomination through this [link](#). The student form can be found [here](#). In order to complete the nomination, the nominee must accept the nomination through the student form by **Sunday, February 16, 2020 at Midnight ET**. In order to be eligible for the awards, all winners must attend the James Brister Society's 25th Annual Student and Faculty Leadership Awards Reception on Friday, March 27, 2020 from 5:00pm to 8:00pm at the Jordan Medical Education Center.

Please contact Marvin Rocha at 215-898-6168 or email at marvin@upenn.edu with any questions

HTRS Student Research Award Applications Now Open

Applications are now open for the **2020 HTRS Student Research Awards (SRA)**, an 8- to 10-week program for medical, PhD, MD/PhD, or PharmD students working on targeted research projects in hemostasis and thrombosis. Proposed projects may be lab-based, clinical or epidemiologic in design. The program includes a \$5,000 award stipend plus a \$2,000 travel allowance, collaboration with a research mentor, and a presentation at a 2021 professional meeting. Applications are now open. **The application deadline is March 2, 2020**. Up to three fellowships will be awarded. For more details, see the [Request for Applications](#). To apply, please visit <https://htrs.smapply.org>.

ITMAT Education – TL1/T32 Slots Available for Certificate in Regulatory Science Deadline: March 6, 2020

ITMAT Education's Certificate in Regulatory Science provides PhD students with training to build upon their scientific expertise and prepares them to understand regulatory strategy, the execution of

clinical trials, and approaches to translate early discoveries and preclinical investigations into therapeutics. This program is designed for PhD students who wish to pursue regulatory science careers in academia, the pharmaceutical & biotechnology industry, consulting and legal industries, and federal agencies.

The certificate includes a one-year engagement in a regulatory science research project (a new research project or as an additional aim to research currently being conducted) and four courses. TL1 appointees will receive one year of funding including a stipend per NIH policy and tuition funding to cover the cost of the certificate. <http://www.itmat.upenn.edu/CertificateinRegulatoryScience.html>

Contact Rachel McGarrigle, MEd, rmcg@upenn.edu or Andrew Fesnak, MD, MHCI, fesnak@penncare.upenn.edu to learn more.

Please note – students interested in a certificate program should review ‘Policies Governing Participation of BGS Students in Certificate Programs.’ Authorization is required through the form, ‘Authorization to Participate in a Certificate Program.’ [Both forms are available here.](#)

UPCOMING EVENTS

Penn Genetics – 2020 Cohen Lecture

Join Penn Genetics for the 2020 Bernard Cohen Memorial Lecture, presented by Dr. David Reich, Investigator at HHMI. Dr. Reich’s lecture is titled, “Ancient DNA Insights into the Deep History of Human Populations in Africa and the Pacific.” The lecture will be followed by a reception in the BRB Gaulton Auditorium Lobby.

Monday, February 3, 2020, 4 PM
Gaulton Auditorium, Biomedical Research Building

See the full event posting [here](#) or email [Sadie Robinson](mailto:Sadie.Robinson@upenn.edu) for details.

CHOP/Penn Mentor/Mentee Training Workshop for Research Trainees

We’re pleased to invite you to participate in a **CHOP/Penn Research Mentor Training Workshop** for research trainees.

- **Mentor/Mentee Training for Research Trainees**
Wednesday, March 11, 2020, 11:30am-1:00pm
CHOP Abramson Research Center, Room 123ABC (1st Floor)
[Register and add to calendar](#)
Lunch will be provided

Eligibility is limited to graduate students, postdoctoral fellows and physician/medical fellow researchers on the CHOP/Penn campus.

The workshops, which will leverage training materials from the highly regarded [Entering Mentoring](#) program, will be facilitated by trained faculty from both Penn and CHOP. Topics will include effective communication strategies, aligning expectations and promoting self-efficacy. Discussions will also focus on how to be an effective mentee while in research training.

This collaborative effort is intended to promote a culture of effective research mentoring practice on the CHOP/Penn campus. Both basic science and clinical research trainees are encouraged to attend this event.

Please be sure to save the date, and register using the links above. Please direct questions to atop@email.chop.edu.

Sincerely,

Emma Meagher, MD, Michael Robinson, PhD, and the CHOP/Penn Mentorship Training Working Group

Penn and CHOP Program Partners:

Biomedical Graduate Studies (BGS) Office, University of Pennsylvania

Biomedical Postdoctoral Programs (BPP) Office, University of Pennsylvania

Institute for Translational Medicine and Therapeutics (ITMAT), University of Pennsylvania

Intellectual and Developmental Disabilities Research Center (IDDRC), Children's Hospital of Philadelphia

Office of Academic Training and Outreach Programs, Children's Hospital of Philadelphia

Office of Faculty Affairs and Professional Development, University of Pennsylvania

Office of Faculty Development, Children's Hospital of Philadelphia

THESIS DEFENSES

None this week.

PROGRAM ANNOUNCEMENTS

CAMB

Feb. 3, 12:30 – 2:30 PM: **CAMB Prelim Information Meeting**. Contact [Kathy O'Connor-Coolley](#).

Feb. 3, 3 – 4 PM: **CB Prelim Advising**. Contact [Kathy O'Connor-Cooley](#).

Feb. 5, 2 – 3 PM (9-104 Smilow): **CAMB Chair Dan Kessler Office Hours**. Contact [Dan Kessler](#).

Feb. 7, 4:30 – 6 PM (BRB Lobby): **CAMB PhD Recruiting Reception**. Contact [Kathy O'Connor-Cooley](#).

NGG

ANNOUNCEMENT

- **New!** Check out this week's PennNeuroKnow article [The Bilingual Brain](#) by Sarah Reitz. Research finds that learning to speak more than one language, especially as a child, leads to long-lasting cognitive benefits.
- Use the new [GFAP form](#) when making purchases and asking for reimbursements.

EVENTS THIS WEEK

02/04 5:30pm - 7:30pm (Barchi) - BiB writing workshop

02/07 12pm - 1pm (Barchi) - FSS: Thesis Committee 101

FUTURE EVENTS

02/10 5:30pm – 7:30pm (Barchi) - NGG Prelim Advice Panel

02/11 5:30pm – 7:30pm (Barchi) - Winter GLIA Meeting

02/13 - 02/15 - NGG Recruitment

CAREER DEVELOPMENT

NEW! Career Path Alumni Video – Government Research

As a reminder, the BGS Career Development Site features a wide variety of resources, from a description of the [Core Competencies](#) developed through predoctoral training to [websites for career exploration](#). Noteworthy among the site's resources is the 'Career Paths' section, which provides a description of the profession, advantages of an advanced degree, key competencies, on-campus student organizations, first steps, alumni videos, and resources.

A new alumni video has been uploaded to the site. [Alyssa MacMillan](#), Program Manager at the New Jersey Department of Health, shares insights on the field of government research. The BGS alum describes her typical day, the things she likes most and least about her chosen career, the typical traits and skills required, and much more.

New Program for Students: Level Up

Want to share the joy of robotics or sewing? Have a foolproof method for research poster design? Want to introduce others to R or animation? Apply to be a workshop leader.

Level Up student workshop leaders teach other students how do something they are skilled at in one of three tracks:

- Design and Digital Media (e.g. animation, research posters, podcasting, branding, palette design)
- Making (e.g. robots, games, apps, buttons, sewing, 3D modeling)
- Research Tools and Technology (e.g. archival photography, visualizations, R, Excel, Zotero)

Library staff will provide students with all the necessary support for a successful workshop — training, promotion, workshop space, and pay for the time preparing and conducting the workshop. All you need to start with is a great idea! For more information, go to: guides.library.upenn.edu/levelup.

EVENTS THIS WEEK

Feb. 4, 4:30 – 6 PM (World Forum Room, Perry World House): **International Graduate Student Networking Reception**. Penn Career Services will host this event for International Graduate Students. **Janis Moore Campbell**, a professionalism expert, will give a professional networking presentation followed by a networking reception with international Penn alumni. This will be a great opportunity for international graduate students to hone their networking skills and to connect with alumni. International students are encouraged to register [here](#).

Feb. 5, 12 - 2 PM (Richards Building, Seminar Room B102B): **Walk-in Wednesday with Penn Career Services!** These 15-minute sessions are great for reviews of your application materials (for academic jobs or industry career options), quick questions about networking, job searching, career exploration, or any other career-related question. See flyer [here](#).

Feb. 6, 6 - 7 PM (Jon M Huntsman Hall, Room 250): **PBG Spring Kickoff 2020**. Interested in gaining real life consulting experience? Want to learn more about consulting and the healthcare industry? Join Penn Biotech Group Healthcare Consulting at the Spring Kickoff for:

- An **intro** to the consulting career path
- An **overview** of PBG, including what we do and how to **apply** for projects
- Grab food and drinks at our kickoff **happy hour at Distrito** following kickoff
- Network** with fellow PBG members
- No business/consulting experience necessary
- For more information about PBG, visit our website at pbgconsulting.org

Become a PBG member: tinyurl.com/PBGmember.

FUTURE EVENTS

Feb. 24, 3:30 – 5 PM (Smilow 12-146 AB): **The Attractions of a Career in Academic Bench Science.**

This event is part of the [BGS Career Development series](#). *Have you mostly heard about 'alternatives' to a*

career at the bench? Does carrying out research, writing grants and manuscripts, and supervising others appear overwhelming? Are there secrets to being an academic scientist while balancing family life and managing well-being? How much fun is life in academia, really? Hear positive perspectives on academia from **Doctors Faye Mourkioti, Assistant Professor, and Ken Zaret, Professor**. Light refreshments will be served! RSVP:

<https://forms.gle/7A5wLUXh8CET15NT9>

CALENDAR

[Career Development](#)

RESOURCES

[BGS Career Development Site](#)

[BGS Career Twitter](#)

[BGS Alumni & Current Students LinkedIn](#)

[Penn Career Services - Ph.D./Postdoc Careers Page](#)

[Handshake](#)

[Request a sponsored Membership to the New York Academy of Sciences](#)

STUDENT GROUPS & SOCIAL ANNOUNCEMENTS

Call for Donations – Recycle Styrofoam Boxes for Cat Shelters!

BGS students have partnered with Project Meow to collect styrofoam boxes, to be recycled as winter shelters for Philadelphia's stray cat population. Project Meow is collecting till late spring. Please contact Sharon ([484\) 437-4501](tel:4844374501) to pick up from you. You will need bring the boxes outside, since she does not have building access. She will be waiting outside in the car.

See flyer [here](#).

EVENTS THIS WEEK

Feb. 3, 7 – 9 PM (The Post, 129 S. 30th St): **“First Monday” Social**. Join LTBGS for a happy hour with LGBTQ+ graduate and professional students from across campus! See flyer [here](#).

Feb. 4, 5:30 PM (Smilow 8-146): **BGSA General Assembly Meeting**. The agenda includes upcoming event announcements, finance update, merit and IPF requests. There will be dinner from El Merkury! See flyer [here](#).

Feb. 6, 6 - 7 PM (Jon M Huntsman Hall, Room 250): **PBG Spring Kickoff 2020**. More details [here](#).

FUTURE EVENTS

Feb. 12, 3 PM (Smilow 8-146): **SACNAS Academic Development Seminar**, featuring Dr. Jen Heemstra, Associate Professor in Chemistry at Emory University. See flyer [here](#).

RESOURCES

[Request a sponsored Membership to the New York Academy of Sciences](#)

[Slack for BGS Students](#)

[BGSA Website](#)

[Calendar of BGSA Events](#)

[Grad Center at Penn](#)

[Family Center at Penn](#)

[Book Penn Rooms](#)

[The Community Impact Fund](#)

[Penn Today Events](#)

[Ask Isaac: Your Personal IS Guru](#)

For information about upcoming events or to advertise in next week's bulletin, contact [Rebecca Lopez](#).